

# FREE LISTENING FOR YOUR BUS JOURNEYS



## EDUCATIONAL & SKILL-BUILDING PODCASTS

**TED Talks Daily** – Bite-sized expert talks on diverse topics like science, education, and personal development

**College Info Geek** – Practical tips for time management, productivity, job hunting, and academic success

**NPR's Planet Money** – Fun, digestible deep dives into economics and personal finance

**Stuff You Should Know** – Engaging explorations of diverse everyday topics

## FREE AUDIOBOOKS

**LibriVox** – Volunteer-read public domain books; over 20,000 titles for download or streaming

**LearnOutLoud** – Travel Audiobooks – 100+ public domain travel-themed audio titles, like *Three Men in a Boat* and *The Maine Woods*

**Audileo** – Free audio textbooks and OpenStax titles covering core subjects (e.g., Biology, Psychology)

## FREE MUSIC & LICENSED AUDIO

**Trebel Music** – Free offline audio playback in some regions, no ads

**Bandcamp** – Free indie music downloads, many available without account

**Pixabay** – Royalty-free “educational music” perfect for ambiance

**Mixkit, Free Music Archive, Incompetech, Bensound** – High-quality royalty-free music libraries appropriate for playlists

## LANGUAGE LEARNING AUDIO

**Duolingo** – Gamified lessons in 30+ languages, audio-enable

**Busuu** – Structured lessons with cultural insights, conversational practice

**Quizlet, Memrise, HelloTalk, LingQ** – Free audio and flashcards; chat with native speakers or use real-world media

## MINDFULNESS & MEDITATION AUDIO

**Free Mindfulness Project** – Creative Commons-guided meditations (3–45 min) on breath, body scan, etc.

**UCLA Mindful** – Free short guided meditations (5–20 min) by UCLA's mindfulness experts

**Mindfulness Institute for Emerging Adults** – Student-centered guided practices like walking and loving-kindness meditations (5–10 min)

## FREE NEWS & CURRENT EVENTS AUDIO

**PBS NewsHour Classroom** – Audio/video news segments with educational resources for students aged 11–18 [pbs.org]

**BBC News Podcast** – Daily news bulletin podcasts (e.g. “BBC News 23:00”) are available for free. Browse by time slot; episodes run around 3–5 minutes

**CNN Podcasts** – Audio versions of CNN's newscasts and thematic series

## HOW TO USE THESE ON THE BUS

Create thematic playlists (e.g., “Mindful Mornings,” “Study Break,” “Global News”)

Download content for offline playback- ideal for journeys with weak signals

Curate quick episodes (5–15 min) to fit bus ride lengths

Mix genres - combine language learning with short podcasts for engagement variety



**EASTERN  
EDUCATION  
GROUP**